



## School menu example

### Day 1- arrival

#### Lunch

own packed lunch

#### Dinner

Sausage  
Mash  
Vegetables

Yogurt and fruit

### Day 2

#### Breakfast

Cereal  
Toast  
Bacon Roll  
Fruit  
Juice

#### Lunch

Sandwiches  
Soup

Cake

#### Dinner

Roast chicken  
Vegetables  
Roast potatoes  
Gravy

Jelly and icecream

### Day 3

#### Breakfast

Cereal  
Toast  
Sausage and Beans  
Fruit  
Juice

#### Lunch

Pizza  
Salad

Choc ice

#### Dinner

Spaghetti Bolognese  
Salad  
Garlic bread

Chocolate Gateau

### Day 4 - Departure

#### Breakfast

Cereal  
Toast  
Boiled egg  
Fruit  
Juice

#### Lunch

Packed lunch

Morning, afternoon and evening snack provided, along with an all-day fruit bowl and drinks